Campus Health Services
WHERE ARE WE?
Patient Confidentiality

If a student is UNDER 18, parents/guardians will be contacted about treatment except for encounters related to:

- Substance Abuse
- Mental Health Issues
- Pregnancy
- Communicable Diseases

If a student is 18 years of age or over, the student must give permission to share their health records.

CHS does not accept blanket release of information authorizations.
# Hours of Operation

## Fall & Spring

<table>
<thead>
<tr>
<th>Monday – Friday</th>
<th>8am-5pm: CHS Open</th>
</tr>
</thead>
<tbody>
<tr>
<td>5pm-6pm: Acute/Urgent Care</td>
<td></td>
</tr>
<tr>
<td>Weekends</td>
<td>8am-5pm: Acute/Urgent Care</td>
</tr>
</tbody>
</table>

## Summer

<table>
<thead>
<tr>
<th>Monday – Friday</th>
<th>8am-5pm: CHS Open</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weekends</td>
<td>Closed for Services</td>
</tr>
</tbody>
</table>

## After Hours Assistance – 919-966-2281

- HealthLink
- CHS & CAPS Providers on Call
Comprehensive Health Services

- Primary Care
- Women's Health
- Counseling & Psychiatry
- Dermatology
- Allergy Clinic
- Immunization and Travel Clinic
- Sports Medicine
- Physical Therapy
- Orthopedics
- Pharmacy
- Laboratory
- Radiology
- Nutrition Services
- Acute/Urgent Care
- Wellness
Primary Care Clinic

“I always try to really get to know my students – to learn something about them on a personal level. I think this communicates that it’s not just about the illness but also about the whole person.”
- Dr. Denise Dechow

- Board Certified Physicians, Physician Assistants, & Nurse Practitioners
- Primarily work on an appointment basis
- Seek to pair students with providers who they are comfortable providing their care
- On site Referral Specialist
Sports Medicine & Physical Therapy

• Jointly supported by the Athletic Department and the Campus Health Fee
• Students receive care from the same professionals caring for scholarship athletes
• There are professional charges for Orthopedics and Physical Therapy

“I like working with the college population, it’s fun to see students mature and grow. The most rewarding part of our job is when they come back after leaving campus so we can see what they do after this.”
- Dr. Mario Ciocca
Women’s Health

- Nurse Practitioners with expertise in Women’s Health Care
- Obstetrician/Gynecologist on site
- Provides gynecology care and education

“Working with students is exciting and very rewarding. Empowering people to know their bodies and take care of their bodies is fundamental to growing up! It’s awesome to be a part of that.” - Margaux Simon, FNP
Pharmacy Services

- RX and Over the Counter medications
- Two convenient locations on campus
- Almost all insurances accepted
- Easy transfer of prescriptions
- Flu shots

Student Stores Pharmacy
Monday – Friday: 9am-6pm
Saturday: 10am-2pm

Campus Health Pharmacy
Monday – Friday: 9am-6pm
Stimulant Medication Policy

- Campus Health & Student Stores Pharmacies will fill stimulant medication prescriptions from outside providers
- Accept electronic prescriptions for ADHD meds
- CHS/CAPS can prescribe stimulant medications
- Require recent documentation of testing – see CHS website for specific requirements and area ADHD testing providers
- Stimulant Medication Contract

For more information, please visit the following websites:
campushealth.unc.edu/adhd
learningcenter.unc.edu/ldadhd
accessibility.unc.edu
SUPPORT

• Initial Assessment
• Brief Therapy
• Group Therapy
• Crisis Intervention
• Prescriptions for psychotropic medication
• Consultation with campus and parents
GET CONNECTED

Counseling and psychological services

Access initial assessments during walk-in hours
Mon - Thurs 9am-12pm & 1pm-4pm
Fri 9:30am-12pm & 1pm-4pm

The initial assessment includes paperwork indicating your concerns and meeting with a caring provider.

Learn more at campushealth.unc.edu/caps
Bills, Insurance and Money
Financial FAQ

What is the difference between the Campus Health Fee and the Student Health Insurance Premium?
Campus Health Fee

Access to care within CHS: Orthopedics, Gynecology, Nutrition Services, Travel Clinic

Unlimited Provider visits in Primary Care & Women’s Health

Sports Medicine including concussion care and rehabilitation

Counseling and Psychological Services including individual and group psychotherapy

Access to the Campus Health and Student Stores, Pharmacies

24 hour nurse advice line, on-call physician access, and on-call student crisis support

Charges Covered by the Health Fee

2017-2018 Campus Health Fee is $382 (billed $191 per semester)
Campus Health Fee

Additional Services Covered by the Campus Health Fee:

- Sexual assault resources
- Certified Diabetes Educator
- Preconception & pregnancy counseling
- Nurse consultations on various health related issues
- Specialty clinic referral service and insurance assistance
- Campus Public Health and collaboration with Health Agencies
- Assistance to students navigating University protocols relating to academic performance including course drops and withdrawal from school for medical and mental health issues
- Helps fund health promotion and violence prevention services offered by Student Wellness
Health Insurance Waive or Enroll

• Students must either waive out with proof of insurance or enroll in the student insurance plan at bcbsnc.com/student.
• Graduate Students on RA/TA GSHIP insurance plan must submit an on-line waiver at bcbsnc.com/student.
• If the student does not waive out, $1,270.00 per semester will be billed to the student’s University account.
UNC Sponsored Insurance Plan

• The UNC System Student Health Insurance Plan is administered by Blue Cross/Blue Shield of North Carolina.

• The Plan covers most charges at Campus Health and is accepted worldwide.

• Coverage dates are August 1st – July 31st

• Charges incurred outside of Campus Health are subject to deductibles, co-pays, and co-insurance.
In-Network Insurance Plans

All UNC Sponsored Insurance Plans are In-Network at Campus Health

- Aetna: All Plans
- UnitedHealthcare: All Plans
- MEDCOST: All Plans
- BlueCross BlueShield Association: All Plans with the exception of Blue Local Plans
- COVENTRY Health Care: Except Psychiatry Services
- COVENTRY Health Care of the Carolinas, Inc.: Except Psychiatry Services
- First Health: Except Psychiatry Services
- Cigna: All Plans with the exception of Psychiatry Services & Cigna Connect Plan to Individual & Family (IFP)
- TRICARE: Non-Network participating provider. If covered by Tricare Prime – patients are encouraged to see their primary care provider for services not covered by the health fee
- Medicaid: Medical Assistance Health and Human Services

All Plans

Except Psychiatry Services

Except Psychiatry Services

Except Psychiatry Services

All Plans

Non-Network participating provider.
Insurance Tips

• Students need a copy of insurance cards (front & back) and will need to know the policy holders name, address, and complete date of birth (MM/DD/YYYY)

• Campus Health will electronically file a student’s primary insurance

• For international insurance plans, Campus Health can provide students necessary documentation to file their claim
We Welcome

ALL Races and Ethnicities
ALL Sexual Orientations
ALL Religions

ALL Languages
ALL Countries of Origin
ALL Gender Identities

ALL Ages
ALL Abilities and Disabilities

EVERYONE!

We are Campus Health Services
Further Questions?
Phone: 919-966-2281
CAPS Phone: 919-966-3658

Website: campushealth.unc.edu
Web Portal: healthyheels.unc.edu
Insurance Waiver: bcbsnc.com/student
Immunization Form: connectcarolina.unc.edu