



# Welcome to Graduate Orientation!

August 16, 2023  
#UNCGradStudents



THE GRADUATE  
SCHOOL

**Kate McAnulty, Ph.D.**  
**Senior Associate Dean,**  
**Student Affairs**

[kmcanulty@unc.edu](mailto:kmcanulty@unc.edu)

# Student Support

- Wellness
- Referrals/General Support
- Academic and Personal Support
- Emergency Financial Support
- Parental leaves
- Withdrawals
- Time-to-degree extensions



# Student Support

- Wellness Festival
- Appreciation Week
- Basic Needs Task Force
- Accessibility, Resources, and Service Office (ARS)



# Diversity and Student Success

## **Global Grads:**

- International graduate students

## **Carolina Grad Student F1RSTS:**

- First-generation in a graduate program

## **Queer Graduate and Professional Students:**

- LGBTQIA+

## **Military-affiliated graduate students:**

- Active duty, veterans, reservists, or national guard

## **WE RISE:**

- Welcoming Ethnic and Racial Inclusion for Student Equity



Diversity and Student Success has created a student-centered, campus-wide program for graduate and professional students who identify with one or many of these diverse backgrounds.



# Admissions and Enrolled Students



**Sarah Jacobson;**  
Assistant  
dean, admissions and  
enrolled students



**Chris Harris:** Supports  
the College of Arts and  
Sciences-  
Natural Sciences &  
Mathematics and Adams  
School of Dentistry



**Shaun Rutherford:**  
Supports the School of  
Medicine,  
School of Nursing,  
College of Arts and  
Sciences-Exercise &  
Sport Science, and  
Eshelman School of  
Pharmacy



**Betty Lewis:** Supports  
the College of Arts and  
Sciences-  
Social Sciences, School  
of Information & Library  
Science, School of Social  
Work, and Professional  
Science Masters in  
Biomedical & Health  
Informatics and Digital  
Curation





# Admissions and Enrolled Students



## **Jenny Lewis**

Supports College of Arts & Sciences-  
Fine Arts & Humanities, Master of  
Applied Professional Studies, School of  
Education, and Hussman School of  
Journalism & Media.



## **Abby Mitcham**

Supports residential  
programs in the Gillings  
School of Global Public  
Health



## **Renata Buchanan**

Supports School of  
Government, Kenan-Flagler  
Business School (Ph.D.), School of  
Data Science & Society, and  
Gillings School of Global  
Public Health MPH@UNC





THE GRADUATE  
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# **Sarah Jacobson**

## **Assistant Dean**



# Graduate Handbook

[handbook.unc.edu](http://handbook.unc.edu)



***Remember for later!***



# Specific Policies



UNC Graduate Grading Scale



Eligibility



Temporary Grades



Milestones / Time Limits





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**Reach out with questions:**

**Stephanie Schmitt**

**Vice Dean**

**[sschmitt@email.unc.edu](mailto:sschmitt@email.unc.edu)**





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**Brian Rybarczyk, Ph.D.**

**Associate Dean  
Professional Development**

**[brybar@unc.edu](mailto:brybar@unc.edu)**

# CareerWell Team



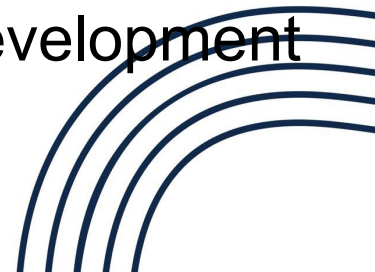
**Vanessa Doriott  
Anderson, Ph.D.**  
Assistant Dean  
Academic and Career  
Development



**Laura Kuizin, Ed.D.**  
Director, Masters of  
Applied Professional  
Studies (MAPS)



**Brian Rybarczyk, Ph.D.**  
Associate Dean  
Professional Development



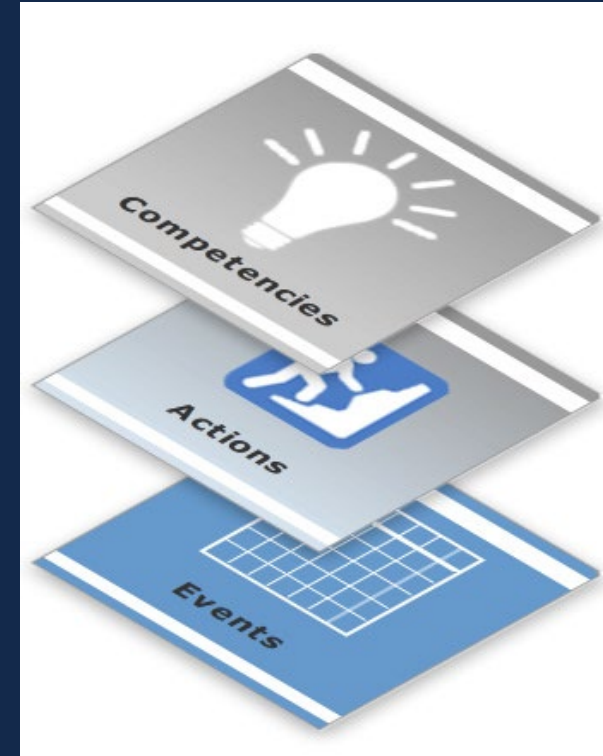
- How can I best prepare for the workforce?
- What else can I learn beyond my academic discipline?
- What are my career options after Carolina?





# Core Competencies and Skills

- Communication skills
- Academic/scholarship development
- Leadership and professionalism
- Career development
- Self-awareness and self-assessment



[careerwell.unc.edu](http://careerwell.unc.edu)

# CareerWell Support

## 40+ workshops/series annually

- Effective mentoring series
- Communication Skills Boot Camp
- TA and teaching related workshops
- Applying for jobs and panel discussions
- Three Minute Thesis competition
- One-on-one Career Consultations

## Courses

- GRAD 713 – Project Management
- GRAD 725 – Building Your Professional Brand
- GRAD 758 – Managing People and Professional Relationships



# Graduate Student Center

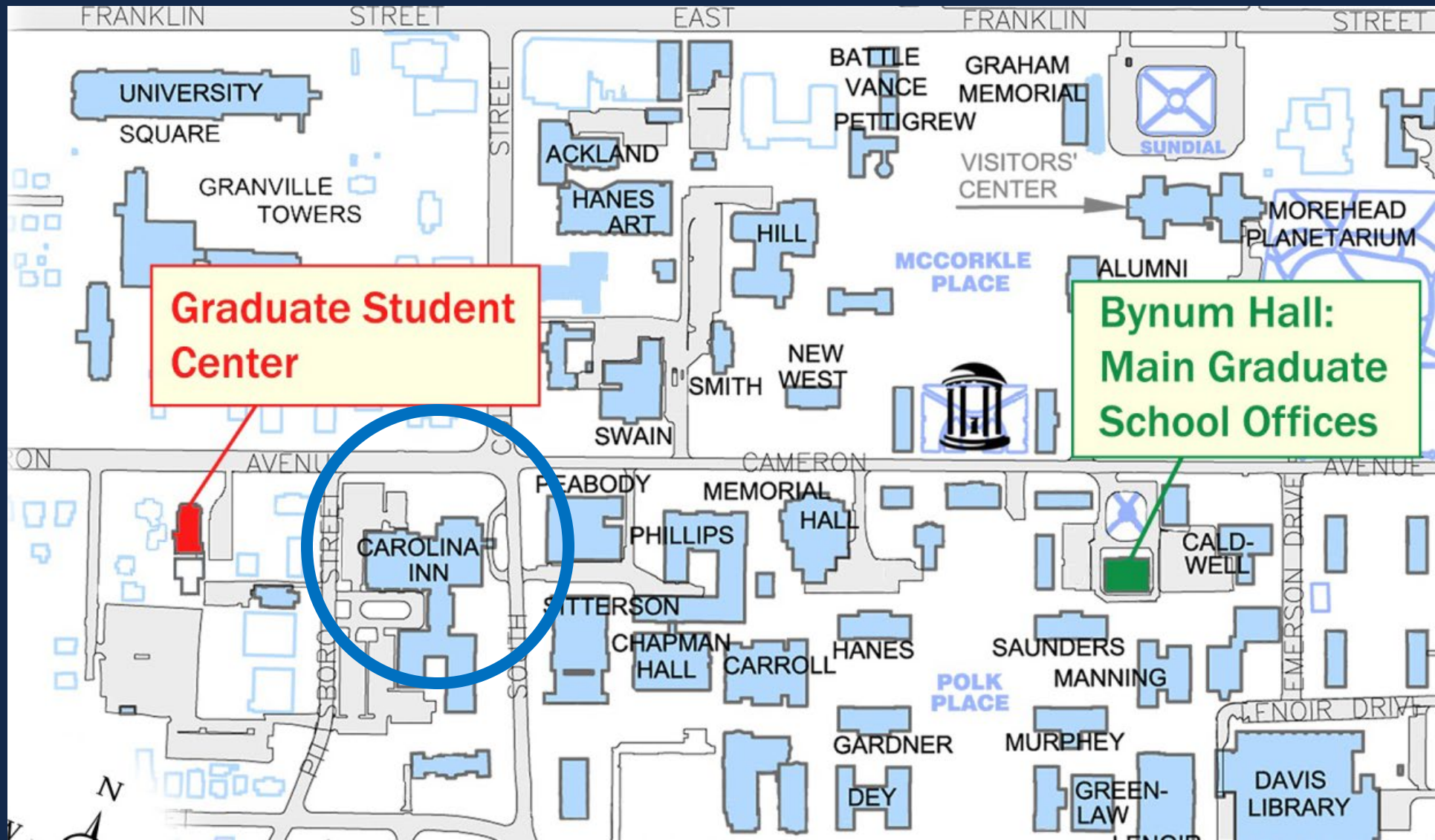
Provides an intellectually stimulating and rich learning environment that builds a strong interdisciplinary graduate community



[gradschool.unc.edu/gsc](https://gradschool.unc.edu/gsc)



THE GRADUATE SCHOOL  
CareerWell



**Graduate Student Center**

**Bynum Hall:  
Main Graduate  
School Offices**



THE GRADUATE SCHOOL  
CareerWell



# Graduate Information Funding Center (GFIC)

- Assistance with searching online databases of opportunities
  - Maintains database of successful proposals
  - Individual consultations
- 
- Funding and Fellowships Fridays e-newsletter

# Your next steps and actions

- 1) Set goals and create Individual Development Plan
- 2) Register and attend workshops
- 3) Integrate professional development throughout your graduate education experience
- 4) Seek funding early





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**Ken Pittman**  
**Executive Director**  
**Campus Health**



# A Community of Care

Services and programs to keep your  
student healthy and well while at UNC-CH





 **Heels Care**  
NETWORK

 **STUDENT**  
**wellness**

 **counseling**  
and psychological  
services

**campus**   
**HEALTH**





# Heels Care

NETWORK





RESET FILTERS

Search

**Urgency/Wait Time**

- Emergency Assistance (2)
- Immediate Support (20)
- Within a Few Days (68)
- Within a Few Weeks (58)

**Cost**

- Already paid through student fees (57)
- Charged to health insurance / Copay (7)
- Free for eligible UNC employees and families (1)
- Free initial consult, then charge per visit (5)
- Free resource to all (99)
- Some services have a fee (1)

**Identity/Affinity Group**

Select Identity/Affinity Group...

**Categories**

Select Categories

**Mental Health Needs**

Mental Health Needs

**Campus Affiliation**

Any

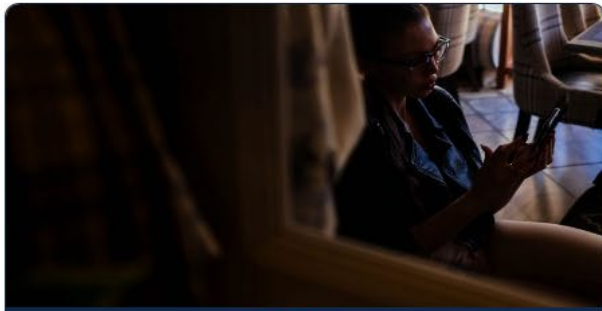
**Mental Health Resource Hub**



**911**

If there is a medical emergency or there is immediate danger of harm, [dial 911](#) and explain that you need support for a mental health crisis. On-campus 911 calls on Thursday-Saturday from 7pm-3am will be initially responded to by [Campus EMS](#).

[911](#)



**988 Lifeline**

Call or text [988](#) or [chat online](#) if you're thinking about suicide, are worried about a friend, or need emotional support. Also offers [ayuda en español](#). The website includes prevention and crisis resources.

[988 Lifeline](#)



**Accessibility Resources & Service**

ARS coordinates and implements accommodations including academic adjustments and provides resources and services to applicants and current students with disabilities.

[Accessibility Resources & Service](#)



**Active Minds at Carolina**

Active Minds is focused on increasing awareness of mental health conditions, providing information and resources, and encourage help-



**Actively Moving Forward**

A peer-led grief support community for students who have experienced the death or terminal illness of a loved one.



**All in the Family**

This support group is for students who come from difficult family





**STUDENT  
wellness**

*counseling*  
and psychological  
services

campus  
**HEALTH**





# Where are services located?





STUDENT  
wellness

# Health promotion initiatives

- Workshops
- Wellness coaching
- Student groups
- Safer-sex supplies
- Large-scale events





counseling  
and psychological  
services

# Hours of Operation

24/7 phone support at 919-966-3658

## Year Round

### Monday – Friday

Open 8 am – 5:00 pm

### Walk-In Initial Assessment

9 am – 12 pm; 1 pm – 4 pm







**In Person and Virtual Therapy**



**Group Therapy**



**Medication Management**



**Referral Coordination**



**Embedded Therapist Program**



**Multicultural Health Program**



**ADHD Clinic**



**Crisis Intervention**



**Consultation**



**Outreach**



# campus HEALTH



# Hours of Operation

24/7 phone support at 919-966-2281

After hours connects to UNC Nurse Connect which can reach providers on-call

## Fall and Spring

### Monday – Friday

Open 8 am – 5 pm

### Saturday

Open 8 am – 5 pm for  
Same Day/Urgent Care

## Summer

### Monday – Friday

Open 8 am – 5 pm





**Primary Care**



**Gynecology**



**Same Day Care**



**Pharmacy and  
Mini Clinic**



**Laboratory**



**Radiology**



**Nutrition  
Services**



**Sports Med  
PT/Orthopedics**



**Allergy Clinic**



**Gender  
Affirming Care**



**Contracted  
Dental Clinic**



**Immunization  
Clinic**



**International  
Travel Clinic**



**Student EMS**



# Pharmacy Services

Monday – Friday 9 am – 6pm

Saturday 11 am – 3pm during fall/spring semesters at SSP

Accept electronic prescriptions, including controlled substances

Provide RX & Over the Counter medications

Provide oral contraceptive pills

Offer flu and COVID vaccines without appt

Accept almost all insurances

Distribute Naloxone

Transfer prescriptions easily

Accept unused or expired medications as FDA Drug Take Back Site







# Student Health Fee

\$205 / semester

Access to medical and mental health services

Visits to primary care, same day (urgent) care and gynecology

Support for referrals off campus

Sexual violence prevention and response

Public health efforts

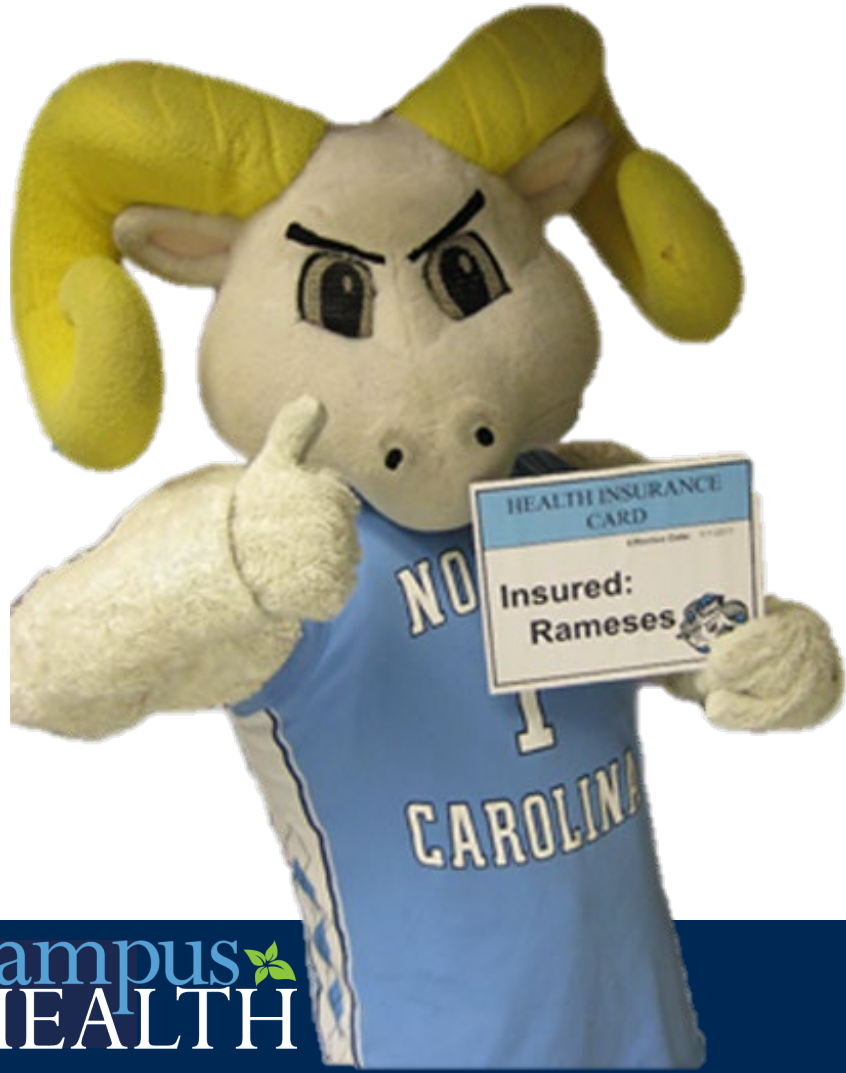


# Health insurance is mandatory.

- **Students must either waive out with proof of insurance or enroll in the student insurance plan at [bcbsnc.com/student](https://bcbsnc.com/student).**
- **If the student does not waive out by Sept 10, \$1,392.40 per semester will be billed to the student's University account.**

# UNC Sponsored Insurance Plan

Administered by Blue Cross Blue Shield of North Carolina



- Plan covers most charges at Campus Health and is accepted worldwide.
- Coverage dates:
  - August 1st – December 31st
  - January 1st – July 31st
- Charges incurred outside of Campus Health are subject to deductibles, co-pays, and co-insurance.

# In-Network Insurance Plans

All UNC-Sponsored Insurance Plans are In-Network at Campus Health



For specific In-Network Plan details, see:  
[campushealth.unc.edu/in-network](http://campushealth.unc.edu/in-network)









[care.unc.edu](https://care.unc.edu)



[caps.unc.edu](https://caps.unc.edu)  
919-966-3658



[studentwellness.unc.edu](https://studentwellness.unc.edu)  
919-962-9355



[campushealth.unc.edu](https://campushealth.unc.edu)  
919-966-2281

Immunization submission:  
[connectcarolina.unc.edu](https://connectcarolina.unc.edu)

Student insurance waiver:  
[Bcbsnc.com/student](https://Bcbsnc.com/student)



On social media @UNCHealthyHeels



THE GRADUATE  
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**Joshua Canzona, Ph.D.**  
**Associate**  
**University Ombuds**

# The University Ombuds Office

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The University of North Carolina at Chapel Hill Ombuds Office is available to assist all members of the university community in navigating any Carolina-related question, challenge, or concern.



We are committed to ethical ombuds practice and to fostering an environment in which individuals can feel seen and heard, discuss anything that is important to them, and strategize their next steps.



Through consultation, education, and facilitation, we support thoughtful decision-making, fair processes, constructive approaches to conflict, and a campus climate that is both healthy and humane.

Code of Ethics and  
Standards of Practice  
+  
University Commitment



INTERNATIONAL  
**OMBUDS**  
ASSOCIATION

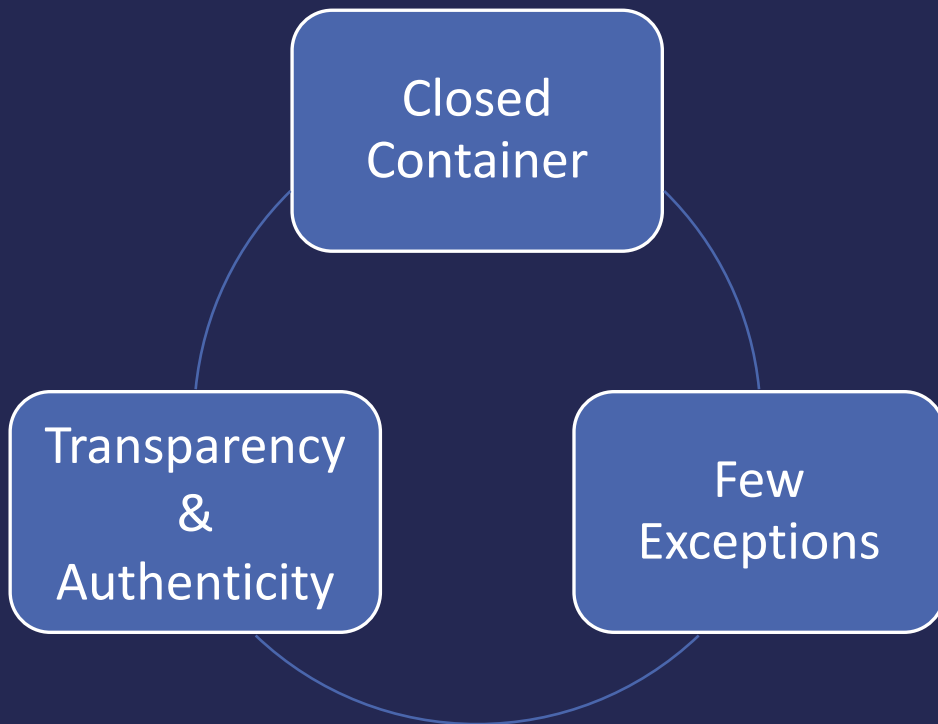


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THE UNIVERSITY  
*of* NORTH CAROLINA  
*at* CHAPEL HILL

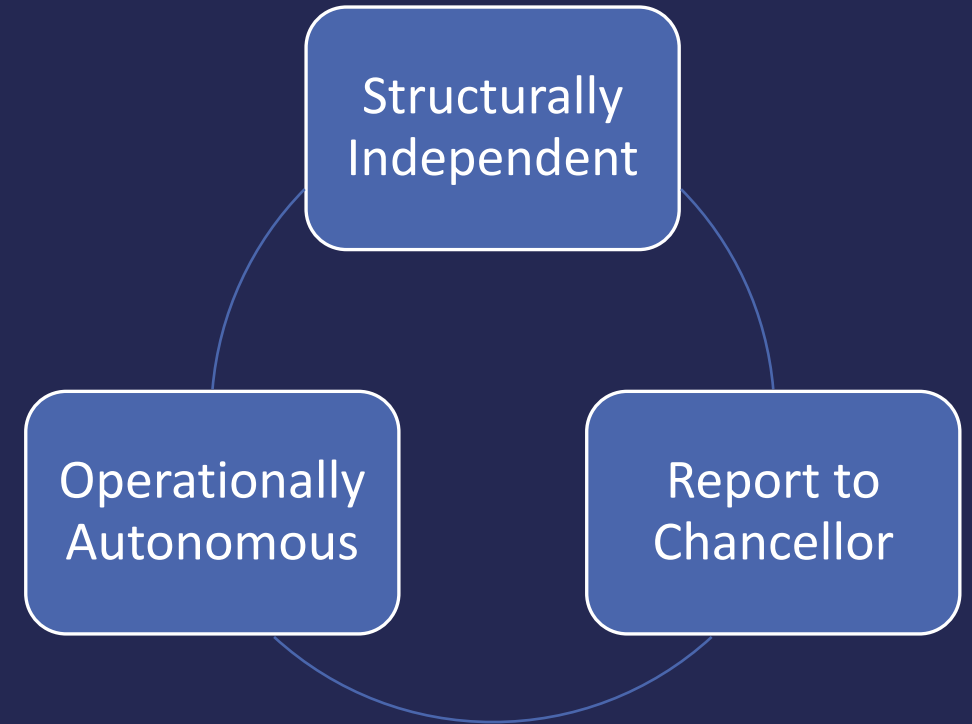
# Confidential

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# Independent

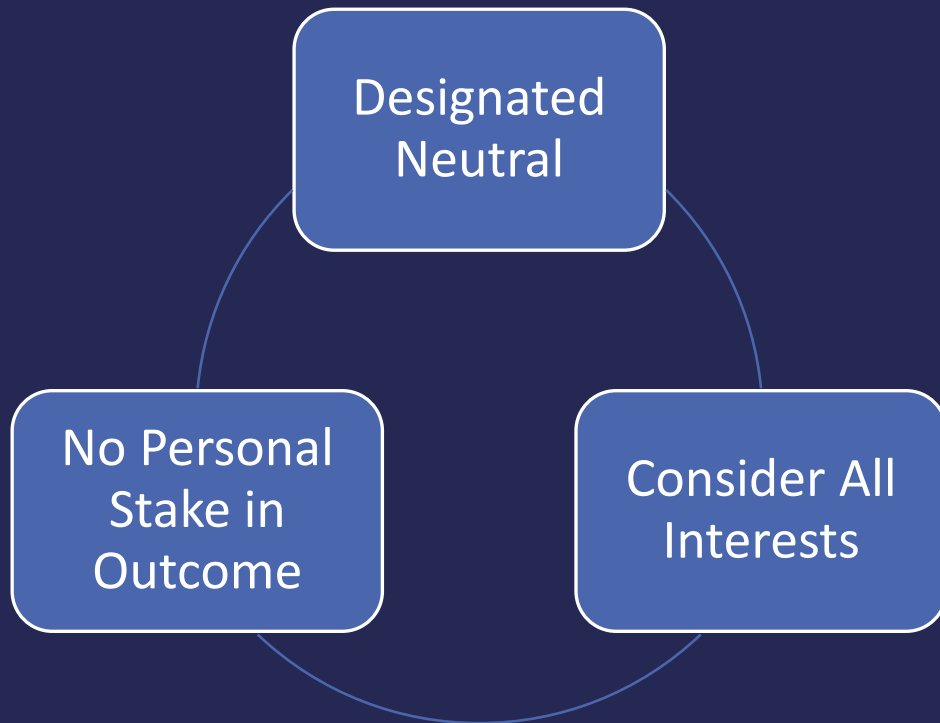
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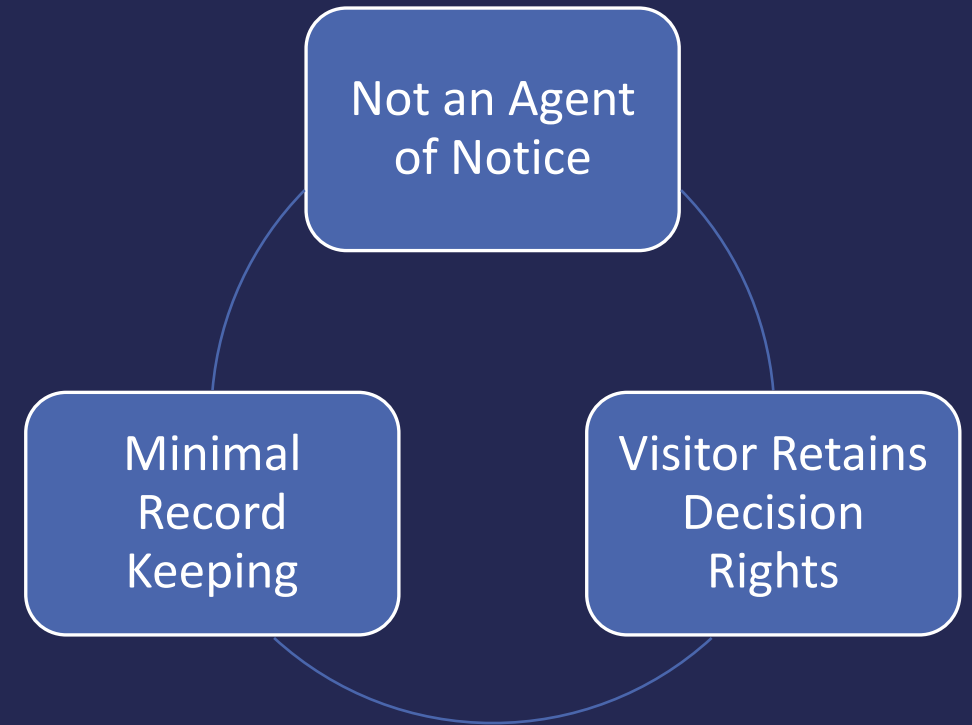


# Impartial

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# Informal



# Practical Information

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Who: Dawn Osborne-Adams, JD, University Ombuds and Director  
Joshua Canzona, PhD, Associate University Ombuds  
Victoria Dowd, Assistant University Ombuds and Program Specialist

When: We strive for flexibility and accessibility

Where: By appointment only – in person, videoconference, or phone

How: Phone at (919) 843-8204  
e-mail for scheduling only [ombuds@unc.edu](mailto:ombuds@unc.edu)

Other Important Details: Free and voluntary  
Visit our table at today's Resource Fair



THE GRADUATE  
SCHOOL

**Michele Hayslett**  
**Data Service Librarian**  
**University Libraries**

August 16, 2023



# Here for All Your Research & Teaching Needs

*Journals, books, databases, and so much more!*



# Research & Teaching

- › Subject specialist librarians in every discipline
- › Technology-driven research support
  - Finding data, coding, mapping, visualization, analysis; text-mining (Davis & HSL)
  - Makerspace (Kenan Science Library)
  - Impact Measurement & Visualization (Health Sciences Library)
- › Poster and web site design support; podcast and film support
  - Media & Design Center in the Undergraduate Library
- › Skills workshops: coding, poster design, bioinformatics tools, citation management, multimedia creation...
- › Your rights as an author, inventor, and entrepreneur



# Here for Leisure, Too!

- › Popular books, e-books, and audio books (including streaming audio!)
- › Movies (streaming and DVDs)
- › Music (streaming and many physical formats)
- › *New York Times* and *Washington Post* access
- › Cookbooks (Undergrad Library)
- › Seed library (Kenan Science Library)
- › Sewing machine, electronics kits, 3-D scanners and printers, drawing and modeling materials in the MakerSpace

<https://library.unc.edu/ask/>



The University of North Carolina at Chapel Hill



THE GRADUATE  
SCHOOL

**Eric T. Everett, Ph.D.**  
**Director of Research Integrity**

# Research Integrity

Eric T. Everett, Ph.D.

Director of Research Integrity, Ethics and Education  
Office of the Vice Chancellor for Research  
Institutional Research Integrity Officer  
University of North Carolina at Chapel Hill

Professor, Division of Oral and Craniofacial Health Sciences  
and Division of Pediatric and Public Health  
Adams School of Dentistry, University of North Carolina at Chapel Hill

Carolina Square, Room 6070  
123 West Franklin Street  
University of North Carolina at Chapel Hill  
Chapel Hill, NC 27516

Phone: 919-962-0988 Email: [research\\_integrity@unc.edu](mailto:research_integrity@unc.edu) or [eric\\_everett@unc.edu](mailto:eric_everett@unc.edu)



# Fostering a Culture of Research Integrity -

"accuracy"

"ethical standards"

"fairness and accountability"

"honesty"

"objectivity"

"ethical principles & professional standards"

"shared values"

"proposing, performing, or reviewing research, or in reporting research results regardless of the scientific or scholarly discipline"

"honest"

"responsible conduct of research"

"good scientific practices & ensure scientific rigor"

"compliance"

"integrity"

"confidence in the work of others"

"responsible science communication"

"responsibility"

"the practice of scientific investigation with integrity"

"best practices"

"adherence to rules, regulations, guidelines..."

"trust"

"accuracy in representing contributions"

"collegiality in scientific & scholarly interactions"

"rigor, reproducibility, and responsibility (the 3R's)"

"awareness and application of established professional norms and ethical principles in the performance of all activities related to scientific research"

## **The University's Position on Research Integrity**

The University of North Carolina at Chapel Hill ( "University") as one of the leading public research universities in the nation, is committed to maintaining the integrity and validity of academic research conducted by all individuals engaged in research or research training including faculty, staff (SHRA and EHRA non-faculty), students, guest researchers (e.g., unpaid volunteers, interns, and visiting scholars), collaborators and consultants.

The University is committed to the responsible and ethical conduct of research and to research compliance which are the foundations to best practices in the proposing, performing, or reviewing research, or in reporting research results regardless of the scientific or scholarly discipline.

This commitment applies to all research conducted under the auspices of the University, regardless of the location or the source(s) of financial support for the research.

Adapted from: Policy and Procedures on Responding to Allegations of Research Misconduct  
<https://policies.unc.edu/TDClient/2833/Portal/KB/ArticleDet?ID=132346>

# Resources

- Responsible Conduct or Research (RCR) Training
  - Listing of Responsible Conduct of Research (RCR) Courses at UNC-CH and other RCR training opportunities, see <https://research.unc.edu/compliance/rcr/>
- Writing Tools
  - UNC Writing Center (<https://writingcenter.unc.edu> )
  - iThenticate (<https://research.unc.edu/systems/ithenticate/>) to find a button to access via onyen
  - Reporting concerns - Carolina Ethics Line (hosted on EthicsPoint's secure servers and is not part of the University of North Carolina-Chapel Hill website or intranet)  
<https://secure.ethicspoint.com/domain/media/en/gui/10808/index.html>

# Research Integrity

Eric T. Everett, Ph.D.

Director of Research Integrity, Ethics and Education  
Office of the Vice Chancellor for Research  
Institutional Research Integrity Officer  
University of North Carolina at Chapel Hill

Professor, Division of Oral and Craniofacial Health Sciences  
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Phone: (919) 962-0988 Email: [research\\_integrity@unc.edu](mailto:research_integrity@unc.edu) or [eric\\_everett@unc.edu](mailto:eric_everett@unc.edu)



# Fostering a Culture of Research Integrity

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THE GRADUATE  
SCHOOL

# **Lauren Hawkinson, President Graduate and Professional Student Government**



# Graduate and Professional Student Government



## Legislative

### Student Senate

- President Pro Tempore
- Standing Committees
- Ad Hoc Committees



## Executive

### President

- Senior Vice President
  - Student Senate
- Chief of Staff
  - Cabinet Directors
    - External Appointments
- VP for Communications
- VP for Advocacy and Government Affairs
- VP for Diversity and Inclusion
- VP for Finance



## Judicial

- Attorney General
- Honor Court
- Honor System Outreach



## Emergency Fund

For students encountering unexpected need



## Travel Awards

For students presenting research at a conference without other financial support



## Appropriations

For social, professional, or academic events sponsored by student orgs

# External Appointments

Academic Calendar Committee  
Library Administrative Board  
Ackland Art Museum Advisory  
Committee

Campus Health Advisory Board  
Campus and Community Coalition  
Campus Transportation 5-Year Plan  
Committee

Committee on Student Conduct  
Gender-Based Violence Prevention  
Group  
Global Grads

Initiative for Minority Excellence  
Promote Democracy Working  
Group  
Status of Women Committee  
Student Fee Audit Committee  
Student Legal Services Board of  
Directors  
Student Safety and Security  
Committee

**And more...**

# 2023-2024 GPSG Projects

- Housing
- Belonging and Inclusivity
- Graduate Student Bill of Rights





THE GRADUATE  
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# **Justin Miller**

# **Carolina Ready**

# **Carolina Ready:** **New Graduate Student Orientation**

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**August 2023**



# How can I be Carolina Ready?

1

**Be Informed** of how  
UNC communicates  
emergency  
information

2

**Be Prepared** with  
creating personal  
emergency plans

3

**Take Action** when  
emergencies occur

# Be Informed

*How UNC communicates emergency information*



Emergency  
Warning

Crime  
Alert

Adverse  
Conditions

Informational  
Message



# Know How to Report

Silent Witness or Care Referral

Dean of Students Office

UNC Police or 911

Emergency Campus Phones

CrimeStoppers Program

Non-Emergency Call

**Be Prepared**

*By creating personal emergency plans*

# General Campus Emergency Preparedness

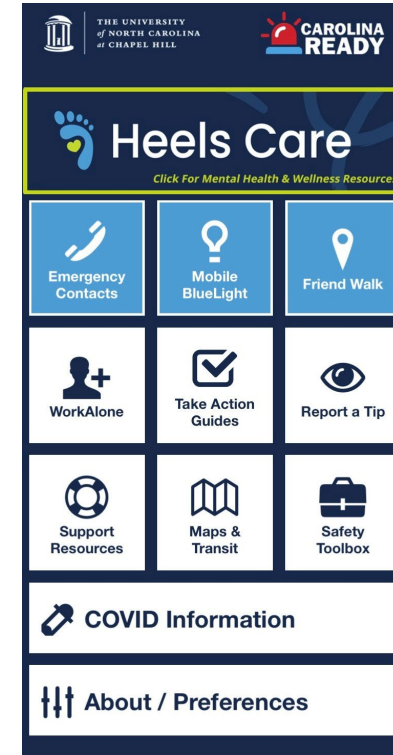
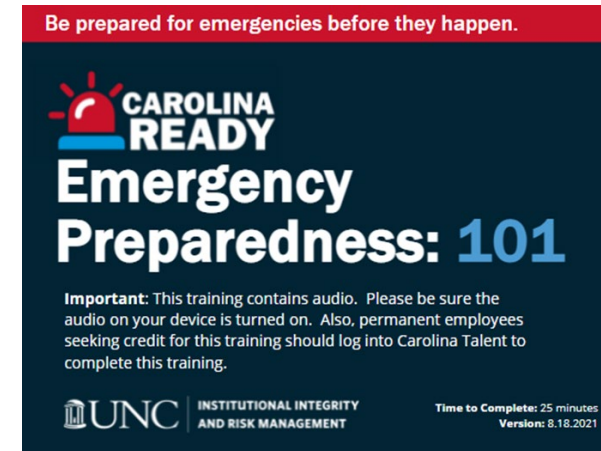
## Resources:

- Student Safety Guide
- Carolina Ready Safety App
- Ready Set Plan Monthly Guide
- Individuals with Disabilities Guidance



## Training:

- Preparedness 101 - Computer Based (for students)



# Emergency Preparedness

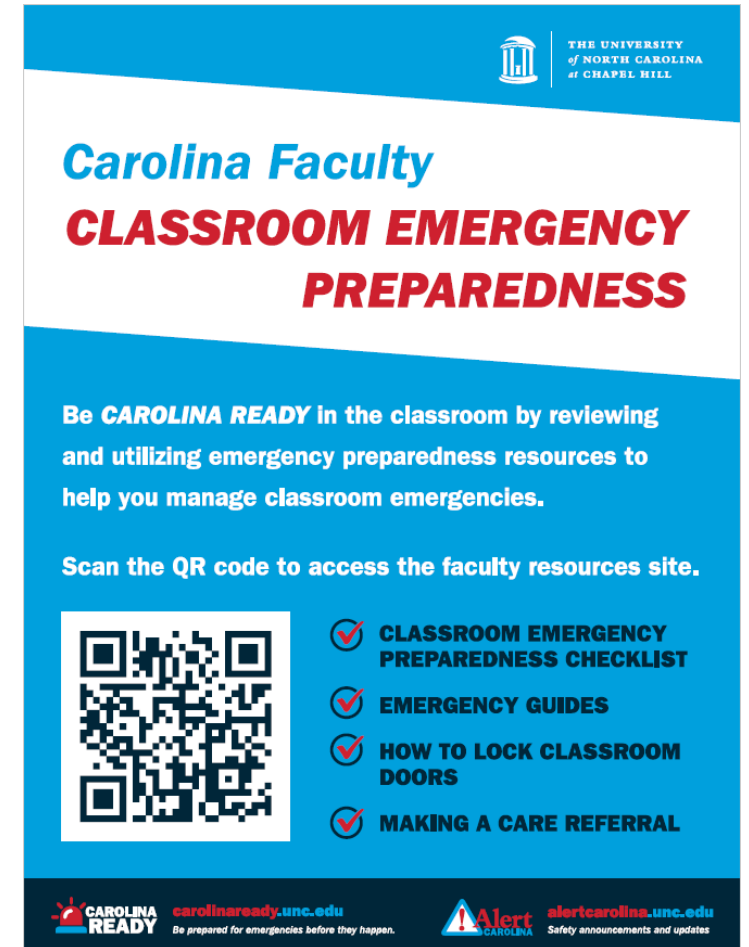
*for Instruction in the Classroom*

## Resources:

- Instructor Preparedness in the Classroom Guide
- Instructor Checklist for Classroom Preparedness
- Classroom Door Lock Instructions Website
- Run, Hide, Fight/Defend Video
- Instructor Helping Students Guide

## Training:

- Preparedness 101 - Computer Based (for instructors)



The poster features the University of North Carolina at Chapel Hill logo in the top right corner. The title "Carolina Faculty CLASSROOM EMERGENCY PREPAREDNESS" is prominently displayed in blue and red. Below the title, a blue section contains the text: "Be CAROLINA READY in the classroom by reviewing and utilizing emergency preparedness resources to help you manage classroom emergencies." and "Scan the QR code to access the faculty resources site." A QR code is located on the left side of this section. To the right of the QR code, a list of resources is provided, each preceded by a red checkmark icon: "CLASSROOM EMERGENCY PREPAREDNESS CHECKLIST", "EMERGENCY GUIDES", "HOW TO LOCK CLASSROOM DOORS", and "MAKING A CARE REFERRAL". The bottom of the poster features logos for "CAROLINA READY" (with the tagline "Be prepared for emergencies before they happen.") and "Alert CAROLINA" (with the tagline "Safety announcements and updates").

[go.unc.edu/classroompreparedness](https://go.unc.edu/classroompreparedness)

# Take Action

*When emergencies occur*



# Take Action



EVACUATION



SHELTER-IN-PLACE



SECURE-IN-PLACE

# Valuable Resources

- Police Departments
  - UNC Police (<https://police.unc.edu/>) 919-962-8100
  - Carrboro Police (919-918-7397)
  - Chapel Hill Police (919-968-2760)
- UNC Emergency Management and Planning
  - [Carolinaready.unc.edu](http://Carolinaready.unc.edu)
  - [Go.unc.edu/safetyapp](http://Go.unc.edu/safetyapp)
- Dean of Students Office (919-966-4042)
  - Care Referral ([odos.unc.edu/carereferral](http://odos.unc.edu/carereferral))
- Safe at UNC ([safe.unc.edu](http://safe.unc.edu))
- SafeWalk (919-962-7233)
- Heels Care ([care.unc.edu/](http://care.unc.edu/))

*be* **CAROLINA**  
**READY**



[carolinaready.unc.edu](http://carolinaready.unc.edu)