

Welcome to Graduate Orientation!

August 10, 2022 #UNCGradStudents



Kate McAnulty, Ph.D. Associate Dean for Student Affairs

Student Support

- Referrals/General Support
- Academic and Personal Support
- Emergency Financial Support
- Wellness
 - Parental leaves
 - Withdrawals
 - Time-to-degree extensions





Diversity and Student Success

Summer Undergraduate Pipeline:

• Recruitment to diversify graduate education

Global Grads:

• International graduate students

Carolina Grad Student F1RSTS:

• First-generation in a graduate program

Queer Graduate and Professional Students:

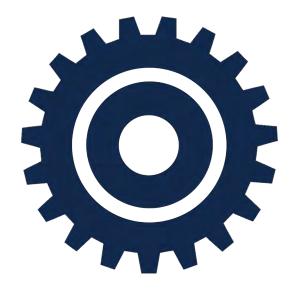
• LGBTQIA+

Military-affiliated graduate students:

Active duty, veterans, reservists, or national guard

Initiative for Minority Excellence:

• Racial/ethnic diversity



UNC THE GRADUATE SCHOOL

Diversity and Student Success has created a studentcentered, campus-wide program for graduate and professional students who identify with one or many of these diverse backgrounds.

Admissions and enrolled students' team





Chris Harris: Supports the College of Arts and Sciences-Natural Sciences & Mathematics and School of Dentistry

Betty Lewis: Supports the College of Arts and Sciences-Social Sciences, School of Information & Library Science, School of Social Work, and Professional Science Masters in Biomedical & Health Informatics and Digital Curation

Shaun Rutherford: Supports the School of Medicine, School of Nursing, College of Arts and Sciences-Exercise & Sport Science, Eshelman School of Pharmacy, and Professional Science Master's in Toxicology

Sarah Jacobson; Assistant dean, admissions and enrolled students

Admissions and enrolled students' team





Jenny Lewis

Supports College of Arts & Sciences-Fine Arts & Humanities, School of Education, Hussman School of Journalism & Media, and the Gillings School of Public Health-Public Health Leadership



Abby Mitcham

Supports Gillings School of Global Public Healthall programs except MPH@UNC and Public Health Leadership



Renata Buchanan

Supporting: School of Government, Kenan-Flagler Business School (PhD), and Gillings School of Global Public Health MPH@UNC

Orientation Ambassadors







Graduate Orientation

- First in-person since 2019
- Designed to support your transition to graduate school
- Connect to campus resources and current students

Carolina Club 9-10 a.m. Breakfast

- 10-11 a.m. General Presentations
- 11:15 a.m. 12 p.m. Faculty Panel
- 12-12:30 p.m. Student Panel

Blue Zone 12:30-2 p.m. Resource Fair / Lunch

Stone Center 2-4 p.m. Breakout Sessions / GPSG Welcome Social





Graduate Orientation Website

- gradschool.unc.edu/orientation
- Admitted student checklist
- Orientation modules
- C.H.A.R.T resources
- Social media



THE GRADUATE SCHOOL

Graduate Orientation Website









Suzanne Barbour, Ph.D. Dean, The Graduate School



Stephanie Schmitt, Ph.D. Associate Dean for Academics

Graduate Handbook



handbook.unc.edu











UNC Graduate Grading Scale







Temporary Grades



Milestones / Time Limits





Reach out with questions:

Stephanie Schmitt Associate Dean for Academics sschmitt@email.unc.edu





Brian Rybarczyk, Ph.D. Associate Dean for Professional Development and Funding

- How can I best prepare for the workforce?
- What else can I learn beyond my academic discipline?
- What are my career options after Carolina?





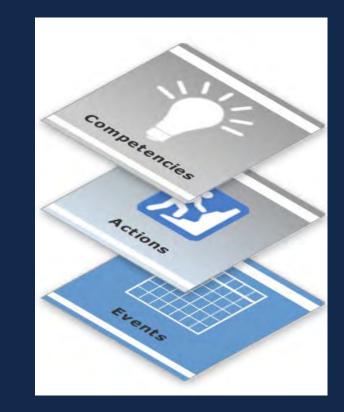
Core Competencies and Skills

- Communication skills
- Academic/scholarship development
- Leadership and professionalism
- Career development

THE GRADUATE

<u>Î</u>UN</u>

• Self-awareness and selfassessment



gradprofdev.unc.edu/

CareerWell

40+ workshops/series annually

- Effective mentoring series
- TA and teaching related workshops
- Applying for jobs and panel discussions
- Three Minute Thesis competition

Courses

- GRAD 712 Leadership for the Workplace
- GRAD 713 Project Management
- GRAD 725 Building Your Professional Brand

 $\mathbb{D}UNC$ | the graduat school

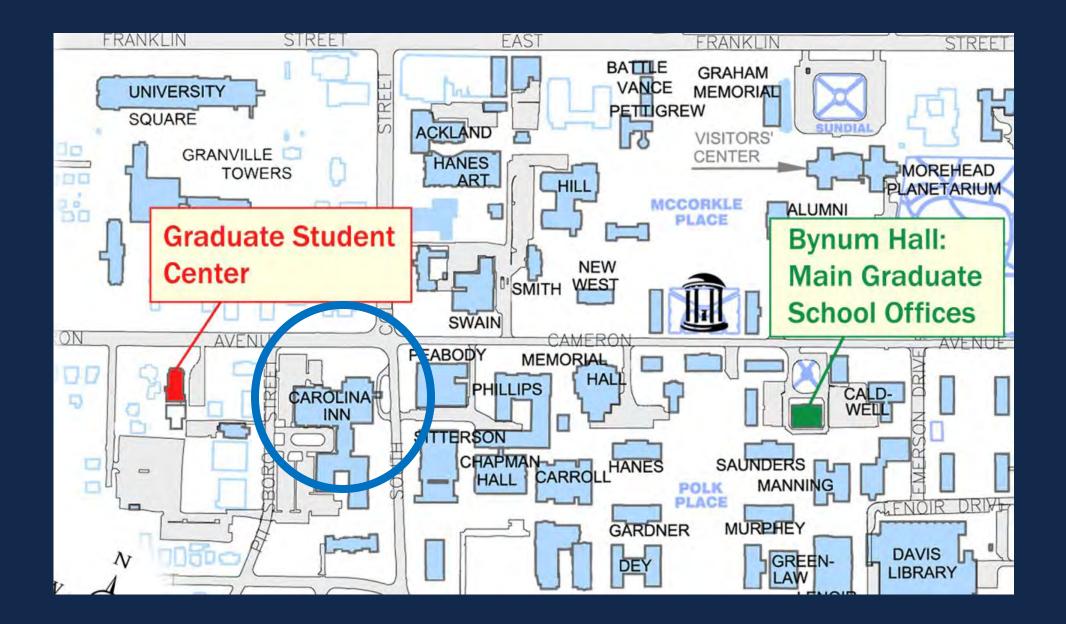
Graduate Student Center

Provides an intellectually stimulating and rich learning environment that builds a strong interdisciplinary graduate community



gradschool.unc.edu/gsc/





UNC SCHOOL

Fellowships and funding

- Recruitment fellowships and awards for incoming students
 - Master's merit
 - Royster/Weiss fellowships
 - N.C. excellence
- Summer research, conference travel, dissertation completion
- Oversee N.C. state allocation distributed to schools/departments (stipend/tuition) – RA/TA-ships



Graduate Information Funding Center (GFIC)

- Assistance with searching online databases of opportunities
- Maintains database of successful proposals
- Individual consultations

• Funding and Fellowships Fridays e-newsletter



Your next steps and actions

Set goals and create Individual Development Plan
Register and <u>attend</u> workshops
Integrate professional development throughout your graduate education experience
Seek funding early





Ken Pittman Executive Director Campus Health

A Community of Care

Services and programs to keep you healthy and well while at UNC-Chapel Hill



















Heels Care







care.unc.edu

- Mental health trainings
- Campus-wide mental health resources
 - Campus agencies
 - Government resources
 - Vetted non-profits
- Helpful to students, employees, families, community

care.unc.edu

= MENU



RESET FILTERS

Search

O Urgency/Wait Time

- Emergency Assistance (2)
- Immediate Support (17)
- Within a Few Days (47)
- Within a Few Weeks (48)

Cost

- Already paid through student fees (53)
- Charged to health insurance / Copay (a)
- Free for eligible UNC employees and families (i)
- Free initial consult, then charge per visit (5)
- Free resource to all (75)
- Some services have a fee (1)

Affinity Group

Select Identity/Affinity Group.

Categories

Select Categories

🚱 Mental Health Needs

Mental Health Needs

Campus Affiliation

Any

A / Resources

Mental Health Resource Hub



911

Dial 911 for any situation requiring immediate assistance from the police, fire department, or ambulance. On-campus 911 calls on Thursday - Saturday from 7 pm - 3 am will be initially responded to by <u>Campus EMS</u>, a student-run Emergency Medical Service provider.









Accessibility Resources & Service

ARS coordinates and implements accommodations including academic adjustments and provides resources and services to applicants and current students with disabilities.





care.unc.edu



🛣 / I'm concerned about a student. What should I do?

I'm concerned about a student. What should I do?

Is the student a potential harm to self or others?

YES: Call 911 or bring the student to the nearest hospital emergency department. If the student is a threat to themselves or others but is unable or unwilling to go to the emergency department, contact the Dean of Students office during working hours at 919-966-4042, or if it is after hours, call 911 or UNC Public Safety at 919-962-8100 to request assistance.

NO: Have a conversation with the student, reach out to Counseling and Psychological Services, contact the Dean of Students office directly or submit a Care Referral Form

In most cases that don't involve imminent harm to self or others, a conversation with the student may be the best strategy. Many people in distress believe their struggle is invisible; having a caring person notice and offer support can be a step towards healing. Some tips:

Find an appropriate time and place to speak with the distressed student

Ask them to speak to you privately, at a time and place where you can both focus on the conversation without distraction.

Describe what you observe

Be objective by stating what you observe that is concerning to you. Avoid making assumptions about why the student is distressed. You could say something like, "I noticed you seem pretty upset lately."

Indicate that you are concerned about their well-being and that you want to help.

Inquire

Ask about what seems to be wrong.

Listen

Just listen, carefully, sensitively, without judgment. Give them your undivided attention.

Accept

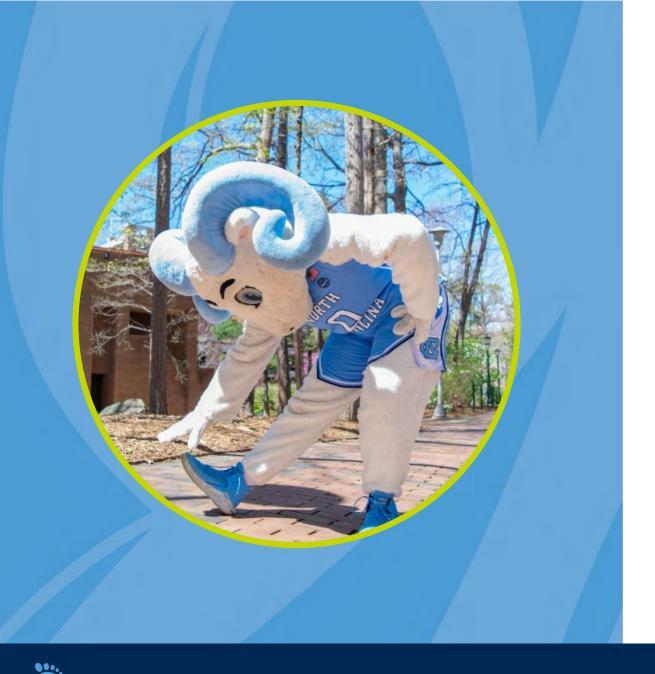
Accept the person "as is," without agreeing or disagreeing with his/her behavior or point of view.

Empathize

Sincerely communicate your understanding of the issue as they describe it, in both content and feeling.

Offer Hope





Student Health Fee

\$205 / semester

- Access to medical and mental health services
- Visits to primary care, same day (urgent) care and gynecology
- Support for referrals off campus
- Academic protocols
- Sexual violence prevention and response
- Public health efforts



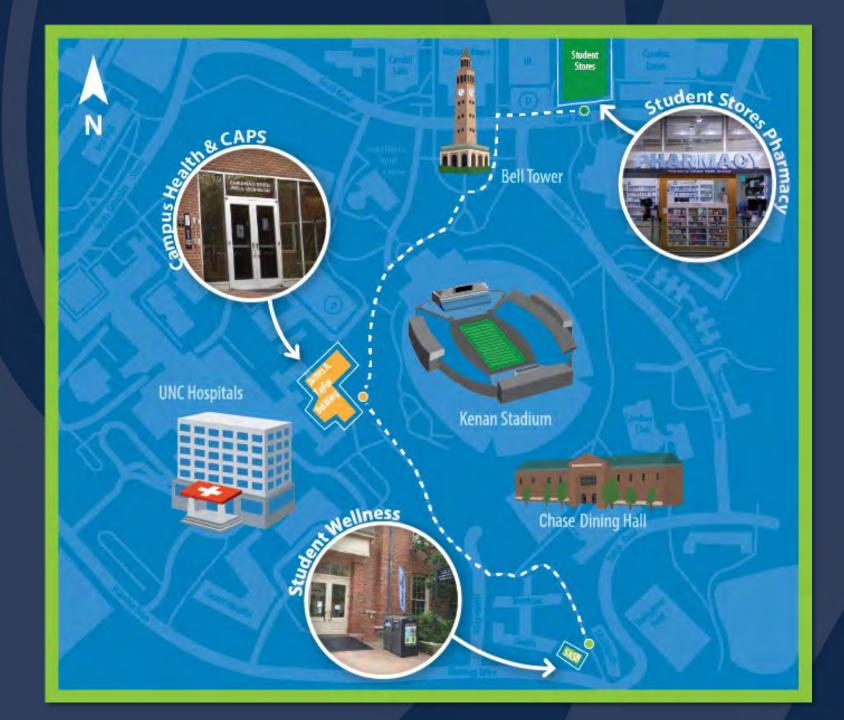






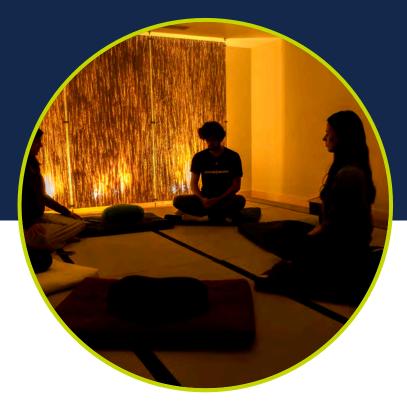


Where are services located?









Health promotion initiatives

- Workshops
- Wellness coaching
- Student groups
- Safer-sex supplies
- Large-scale events











Hours of operation

24/7 phone support at (919) 966-3658

Year-Round Monday – Friday Open 8 a.m.– 5:00 p.m. Initial Visits 9 a.m. –12 p.m.; 1 p.m. – 4 p.m.







Brief Therapy and UWill



Group Therapy



Medication Management



Referral Coordination



Embedded therapists



Multicultural Health Program



Crisis Intervention



Consultation



Outreach







Hours of operation

24/7 phone support at (919) 966-2281

After hours connects to UNC Nurse Connect which can reach providers on-call

Fall and Spring Monday – Friday Open 8 a.m. – 6 p.m. Saturday Open 8 a.m. – 5 p.m. for Same-day/Urgent care **Summer Monday – Friday** Open 8 a.m.-5 p.m.





Primary Care



Gynecology



Same Day Care



Pharmacy



Laboratory



Radiology



Nutrition Services



Sports Med PT/Orthopedics



Allergy Clinic



ADHD Clinic



Gender Affirming Care



Contracted Dental Clinic



Immunization Clinic



International Travel Clinic



Student EMS

Pharmacy Services

Monday – Friday 9 a.m. – 6 p.m.

Saturday 11 a.m. – 3 p.m. during fall/spring semesters at SSP $% \left({{\left| {{{\rm{SPring}}} \right|_{\rm{SPring}}}} \right)$

- Accept electronic prescriptions, including controlled substances
- Provide RX & over-thecounter medications
- Provide oral contraceptive pills
- Offer flu and COVID vaccines without appt
- Accept almost all insurances
- Distribute Naloxone
- Transfer prescriptions easily
- Accept unused or expired medications as FDA Drug take-back site





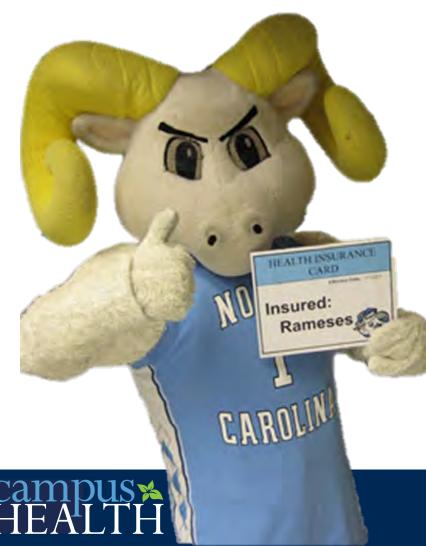


Health insurance is mandatory.

- Students must either waive out with proof of insurance or enroll in the student insurance plan at bcbsnc.com/student.
- If the student does not waive out by Sept 10, \$1352.⁰⁸ per semester will be billed to the student's University account.

UNC Sponsored Insurance Plan

Administered by Blue Cross Blue Shield of North Carolina



- Plan covers most charges at Campus Health and is accepted worldwide.
- Coverage dates:
 - August 1st December 31st
 - January 1st July 31st
- Charges incurred outside of Campus Health are subject to deductibles, co-pays, and coinsurance.

In-Network Insurance Plans

All UNC-Sponsored Insurance Plans are In-Network at Campus Health















For specific In-Network Plan details, see: campushealth.unc.edu/in-network





care.unc.edu

caps.unc.edu 919-966-3658

services

studentwellness.unc.edu campushealth.unc.edu 919-962-9355 919-966-2281

Immunization submission: connectcarolina.unc.edu Student insurance waiver: Bcbsnc.com/student



On social media @UNCHealthyHeels



Joshua Canzona, Ph.D. Associate University Ombuds

The University Ombuds Office

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The University of North Carolina at Chapel Hill Ombuds Office is available to assist all members of the university community in navigating any Carolina-related question, challenge, or concern.



We are committed to ethical ombuds practice and to fostering an environment in which individuals can feel seen and heard, discuss anything that is important to them, and strategize their next steps.



Through consultation, education, and facilitation, we support thoughtful decision-making, fair processes, constructive approaches to conflict, and a campus climate that is both healthy and humane.

Code of Ethics and Standards of Practice -University Commitment

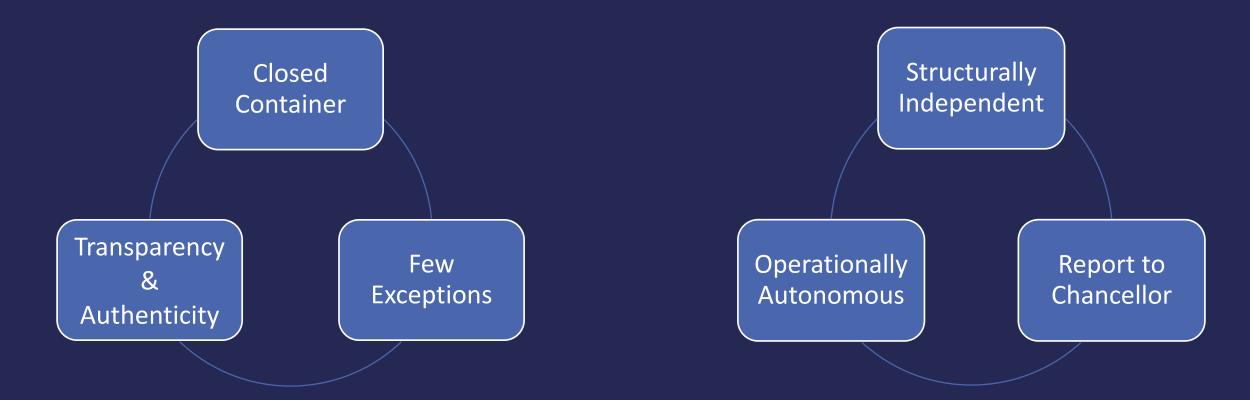




THE UNIVERSITY of NORTH CAROLINA at CHAPEL HILL

Confidential

Independent



Impartial

Informal



Practical Information

Who: Dawn Osborne-Adams, JD, University Ombuds and Director
Joshua Canzona, PhD, Associate University Ombuds
Victoria Dowd, Assistant University Ombuds and Program Specialist

When: We strive for flexibility and accessibility

Where: Currently by phone and videoconference -- in-person, by request

How: Phone at (919) 843-8204

e-mail for scheduling only <u>ombuds@unc.edu</u>

Other important details: Free and voluntary



Michele Hayslett Data Service Librarian University Libraries



Here for All Your Research & Teaching Needs

Journals, books, databases, and so much more!

Research & Teaching

- Subject specialist librarians in every discipline
- Technology-driven research support in the Research Hub
 - Finding data, coding, mapping, visualization, analysis; text-mining (Davis Library)
 - Makerspace (Kenan Science Library)
- Poster and web site design support; podcast and film support
- Media & Design Center in the Undergraduate Library
- Skills workshops: coding, poster design, bioinformatics tools, citation management, multimedia creation...
- Your rights as an author, inventor, and entrepreneur

Here for Leisure, Too!

- Popular books, e-books, and audio books
- Movies
- Music
- The New York Times and Washington Post access
- Cookbooks (Undergrad Library)
- Seed library (Kenan Science Library)
- Sewing machine, electronics kits, 3-D scanners and printers, drawing and modeling materials in the MakerSpace



library.unc.edu/ask/



UNIVERSITY LIBRARIES



Eric T. Everett, Ph.D. Director of Research Integrity

Research Integrity

Eric T. Everett, Ph.D. Director of Research Integrity, Ethics and Education Office of the Vice Chancellor for Research Institutional Research Integrity Officer University of North Carolina at Chapel Hill

Professor, Division of Oral and Craniofacial Health Sciences and Division of Pediatric and Public Health Adams School of Dentistry, University of North Carolina at Chapel Hill

Carolina Square, Room 6070 123 West Franklin Street University of North Carolina at Chapel Hill Chapel Hill, NC 27516

Phone: (919) 962-0988 Email: research_integrity@unc.edu or eric_everett@unc.edu

Fostering a Culture of Research Integrity



The University's Position on Research Integrity

The University of North Carolina at Chapel Hill ("University") as one of the leading public research universities in the nation, is committed to maintaining the integrity and validity of academic research conducted by all individuals engaged in research or research training including faculty, staff (SHRA and EHRA non-faculty), students, guest researchers (e.g., unpaid volunteers, interns, and visiting scholars), collaborators and consultants.

The University is committed to the responsible and ethical conduct of research and to research compliance which are the foundations to best practices in the proposing, performing, or reviewing research, or in reporting research results regardless of the scientific or scholarly discipline.

This commitment applies to all research conducted under the auspices of the University, regardless of the location or the source(s) of financial support for the research.

Adapted from: Policy and Procedures on Responding to Allegations of Research Misconduct <u>https://policies.unc.edu/TDClient/2833/Portal/KB/ArticleDet?ID=132346</u>

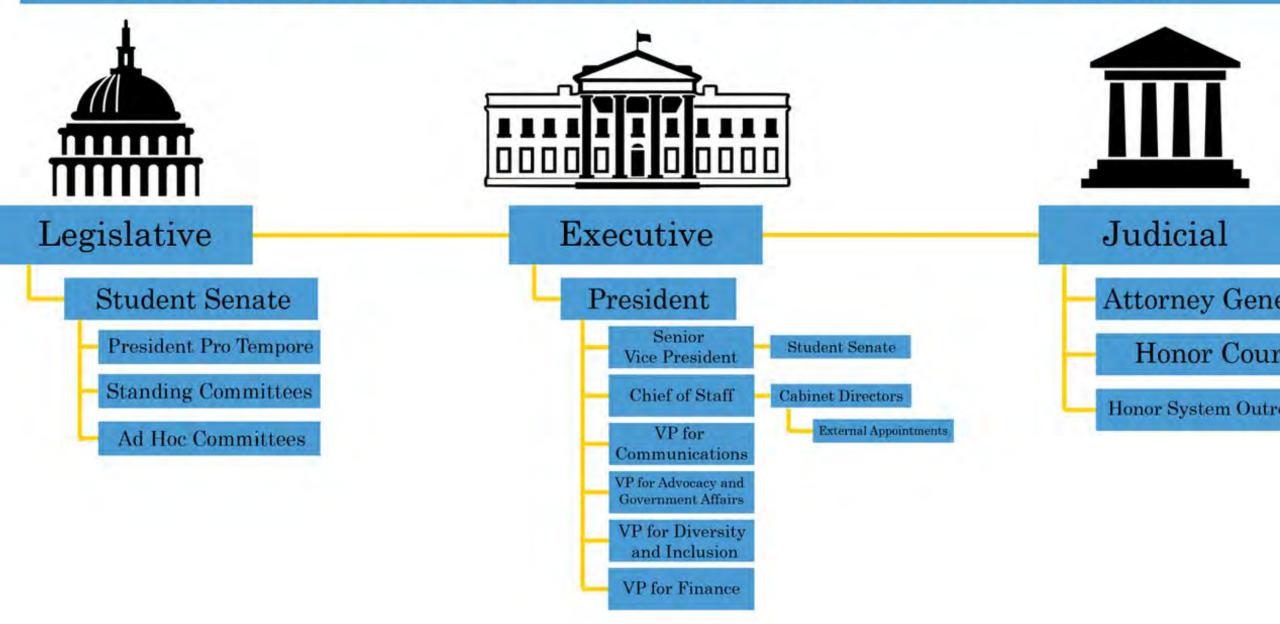
Resources

- Responsible Conduct or Research (RCR) Training
 - Listing of Responsible Conduct of Research (RCR) Courses at UNC-CH and other RCR training opportunities, see <u>https://research.unc.edu/compliance/rcr/</u>
- Writing Tools
 - UNC Writing Center (<u>https://writingcenter.unc.edu</u>)
 - iThenticate (<u>https://research.unc.edu/systems/ithenticate/</u>) to find a button to access via onyen
- Reporting concerns
- Carolina Ethics Line
 - (hosted on EthicsPoint's secure servers and is not part of the University of North Carolina-Chapel Hill website or intranet) <u>https://secure.ethicspoint.com/domain/media/en/gui/10808/index.html</u>



Theodore Nollert Graduate and Professional Student Government

Graduate and Professional Student Government





Emergency Fund Travel Awards Appropriations

For students encountering unexpected need For social, professional, or academic events sponsored by student orgs

For students presenting research at a conference without other financial support

External Appointments

Academic Calendar Committee Library Administrative Board Ackland Art Museum Advisory Committee Campus Health Advisory Board Campus and Community Coalition **Campus Transportation 5-Year Plan** Committee Committee on Student Conduct Gender-Based Violence Prevention Group **Global Grads**

Initiative for Minority Excellence **Promote Democracy Working** Group Status of Women Committee Student Fee Audit Committee Student Legal Services Board of Directors Student Safety and Security Committee

And more...

GPSG '22-'23 Projects

Economic impact report

First-year mentorship program

Fundraising for hardship and travel funds

Career services task force

Federal affairs info sessions

External appointments

Appoint students to policy-making committees around campus

Community building activities

Central town hall, Cookouts, Meet&Greets (e.g., school administration)

FACULTY PANEL

Chris Clark, Political Science Trenette Clark Goings, Social Work Martin Johnson, English and Comparative Literature Kumi Silva, Communication Meghan Shanahan, Public Health



STUDENT PANEL

Stefani Baca-Atlas, Social Work Peter Dykeman-Bermingham, Chemistry Theodore Nollert, English & Comparative Literature Rebecca Rice, Environmental Sciences and Engineering Brooke Staley, Epidemiology

